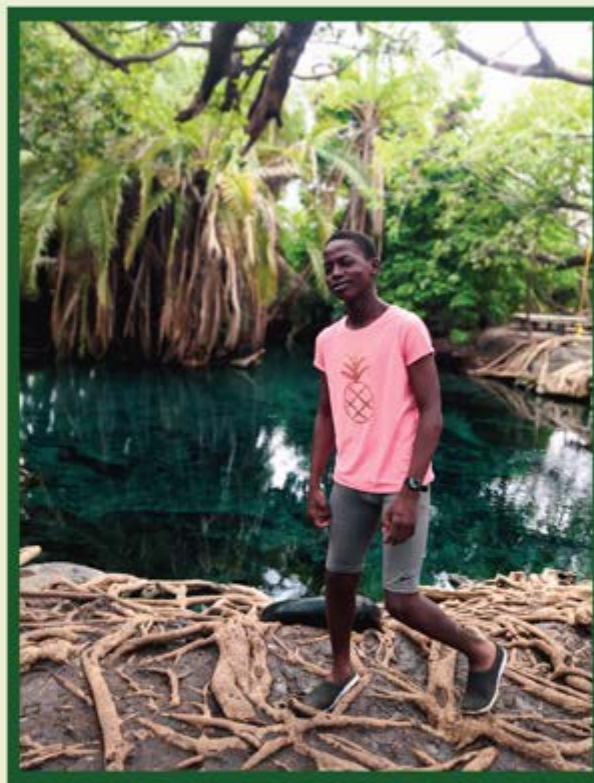


# *Adrian Njari* **THE WARRIOR**

Adrian started with MW Coaching when he was 9 years old, Born with cerebral palsy and later on diagnosed with ADHD, Adrian was for a long time a struggler physically and mentally.



After just one football session and a few hikes it was clear to us Adrian would need much more attention.

To cut the story short we took it upon ourselves to single Adrian out during training, to ensure each drill , each activity we pointed out his shortcomings and pushed him psychologically more than the we did our other students.

In a nutshell we made everything way harder for Mr Njari.

# *A journey of* **GREATNESS**

Almost 4 years down the road, Adrian is our strongest and fastest athlete, more so he has shown a great degree of perception.

Adrian has a discerning eye, he is aware of the fact that life is not linear and every moment is an opportunity to rise to a higher place.

We often have conversations with Adrian on the deception society puts before our eyes, the need for self-realization and a superior effort in progression of the physical capacity of our bodies.



We are no where near done with Adrian for a good teacher is only as good as his students. We continue to learn from Adrian.

# *Silent* ASSASSIN

Jonathan joined us at 9 years. One of the most silent children we have encountered, we instantly understood the job we had on our hands.

A silent, timid and afraid boy, Jonathan was handed the emperors gown. During training & matches Jonathan got zero criticism nor feedback, he was free to make mistakes without any consequences.

The rest of the gang questioned why Jonathan alone wasn't reprimanded for mistakes.



2 years later Jonathan was our team captain. Still quiet but with the blood of an assassin, he led by example.

We made it our mission to ensure Jonathan has an environment where he can slowly release his fear of being in a group dynamic.

Every child requires a customized weapon to slay their dragon, we gave Jonathan the right one

